



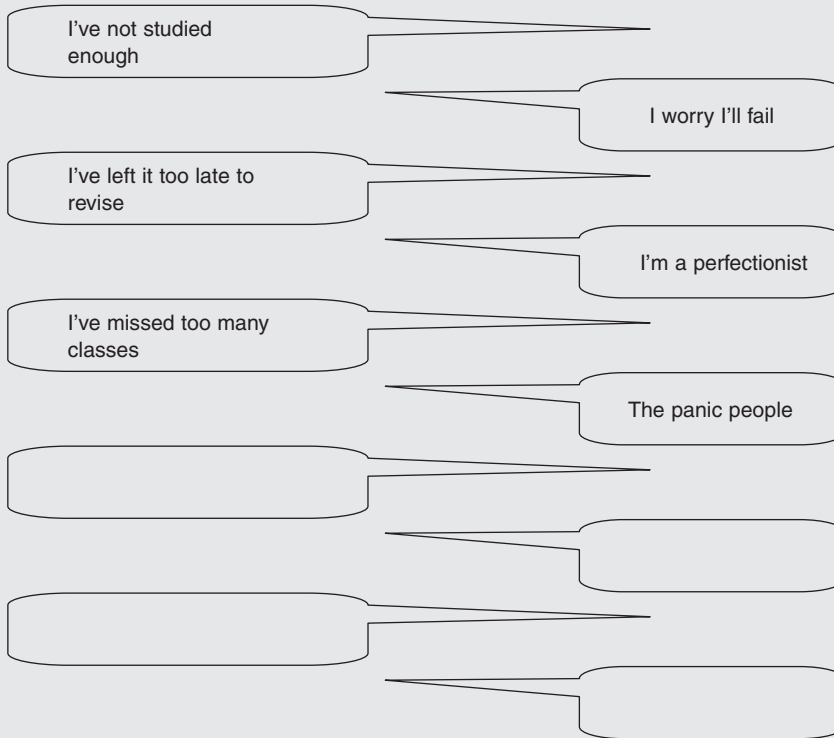
Activity 10.1 Note your support

Look at the examples of support that follow. Now make a note of your allowances.

Allowance	Comment	Done ✓
extra time	15 minutes extra in every hour	
PC with assistive technology	organise training for Read & Write, Dragon	
large-size font	14pt Arial, double-spacing	
exam scripts on coloured paper		
calculator		
scribe	organise practice sessions	
reader		
coloured overlay		



Activity 10.2 Colour the triggers and add your own





Activity 10.3 Symbol association

Use symbols that mean something to you to help work out the answer.

Definite yes	
Definite no	
Perhaps; maybe; could be	
Spanner	

Revise with a friend and test your knowledge:

- practise the ruling in and ruling out method using past papers
- devise a ruling in and ruling out method that works for you
- write your own multiple-choice papers.



Activity 10.4 Your bigger picture

What's in yours? Note down the items and the time needed for each.

What makes up your student day?

What are your family commitments?

What are your work commitments?

What exams do you need to revise?



Activity 10.5 Revision hours

You know your timetable, you know the priorities, and you know when and where you study best. Now identify when you'll revise; place your schedule on your study notice board, in your phone reminder or in your study folder.

Day of the week	a.m.	p.m.
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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Activity 10.6 Final check

To think about	Comments
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exam location

exam time

exam allowances

headphones, calculator, overlay – anything else?

writing tools: pens, pencils, scrap paper – anything else?

water, raisins – anything else?

good night's sleep

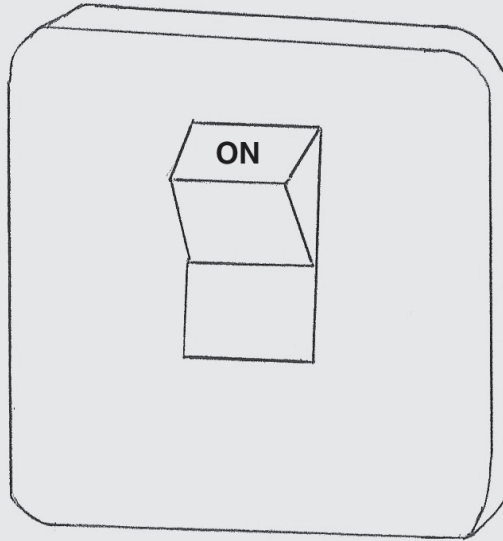
good breakfast

exam journey



Activity 10.7 Switch on or switch off

How do you keep switched on? Write your thoughts around the 'On' switch.



Need to change anything to switch off? Write your thoughts around the 'Off' switch.

